

CLAIM AMENDMENTS

This listing of claims will replace all prior versions and listings of claims in the application.

Listing of Claims

Claims 1-115 (canceled)

116. (new) A medicinal composition, consisting of:

a pharmaceutical, where said pharmaceutical is an antihistamine, alone or in combination with a decongestant;

a first neutraceutical, said first neutraceutical consisting of an anti-inflammatory agent, said anti-inflammatory agent being stinging nettle or an extract thereof;

optionally, a second neutraceutical selected from the group consisting of a herb or herb extract, zinc or a compound thereof, ascorbic acid or a salt or a derivative thereof, and mixtures thereof; and

a pharmaceutically acceptable medium;

where at least one of the pharmaceutical and the first neutraceutical treats at least one ailment or symptom thereof caused by an immune response.

117. (new) The composition of claim 116, wherein said pharmaceutical is an antihistamine, said antihistamine being selected from the group consisting of diphenhydramine, pyrilamine, clemastine, bromopheniramine, phenindamine, chlorpheniramine, effective salts thereof, and combinations thereof.

118. (new) The composition of claim 116, wherein said pharmaceutical is an antihistamine in combination with a decongestant.

119. (new) The composition of claim 116, wherein said composition comprises said first nutraceutical and said second nutraceutical, said second nutraceutical being a plant extract other than stinging nettle or an extract thereof.

120. (new) The composition of claim 116, wherein said second nutraceutical is a liver protectant.

121. (new) The composition of claim 120, wherein said liver protectant is milk thistle or an extract thereof.

122. (new) The composition of claim 116, wherein said second nutraceutical is an antioxidant.

123. (new) The composition of claim 122, wherein said antioxidant is selected from the group consisting of at least one bioflavonoid, at least one herbal extract containing at least one bioflavonoid, ascorbic acid and pharmaceutically effective salts and derivatives thereof, garlic and extracts thereof, green tea and its extracts, at least one herb selected from the group consisting of herbs from the genus *Astragalus*, and combinations thereof.

124. (new) The composition of claim 116, wherein said second nutraceutical is an immune booster.

125. (new) The composition of claim 124, wherein said immune booster is selected from the group consisting of zinc and effective salts thereof, at least one herb selected from the group consisting of herbs of the genus *Echinacea*, at least one herb selected from the group consisting of herbs of the genus *Sambucus*, Goldenseal and mixtures thereof.

126. (new) A medicinal composition, consisting of:

- a pharmaceutical, where said pharmaceutical is an antihistamine, alone or in combination with a decongestant;

- a first neutraceutical, said first neutraceutical consisting of an anti-inflammatory agent, said anti-inflammatory agent being stinging nettle or an extract thereof; and

- a pharmaceutically acceptable medium;

where at least one of the pharmaceutical and the first neutraceutical treats at least one ailment or symptom thereof caused by an immune response.

127. (new) A medicinal composition, consisting of:

- a pharmaceutical, where said pharmaceutical is an antihistamine, alone or in combination with a decongestant;

- a first neutraceutical, said first neutraceutical consisting of an anti-inflammatory agent, said anti-inflammatory agent being stinging nettle or an extract thereof;

- zinc or a compound thereof; and

- a pharmaceutically acceptable medium;

where at least one of the pharmaceutical and the first neutraceutical treats at least one ailment or symptom thereof caused by an immune response.

128. (new) A medicinal composition, consisting of:

- a pharmaceutical, where said pharmaceutical is an antihistamine, alone or in combination with a decongestant;

- a first neutraceutical, said first neutraceutical consisting of an anti-inflammatory agent, said anti-inflammatory agent being stinging nettle or an extract thereof;

- ascorbic acid or a salt or a derivative thereof; and

- a pharmaceutically acceptable medium;

where at least one of the pharmaceutical and the first neutraceutical treats at least one ailment or symptom thereof caused by an immune response.

129. (new) A medicinal composition, consisting of:

a pharmaceutical, where said pharmaceutical is an antihistamine, alone or in combination with a decongestant;

a first neutraceutical, said first neutraceutical consisting of an anti-inflammatory agent, said anti-inflammatory agent being stinging nettle or an extract thereof;

a herb or herb extract other than stinging nettle or an extract thereof; and

a pharmaceutically acceptable medium;

where at least one of the pharmaceutical and the first neutraceutical treats at least one ailment or symptom thereof caused by an immune response.

130. (new) The medicinal composition of claim 129, wherein the herb or herb extract is milk thistle or an extract thereof.

131. (new) The medicinal composition of claim 129, wherein the herb or herb extract is an antioxidant selected from the group consisting of at least one herbal extract containing at least one bioflavonoid, garlic and extracts thereof, green tea and its extracts, at least one herb selected from the group consisting of herbs from the genus *Astragalus*, and combinations thereof.

132. (new) The medicinal composition of claim 129, wherein the herb or herb extract is an antioxidant selected from the group consisting of at least one herbal extract containing at least one bioflavonoid.

133. (new) The medicinal composition of claim 129, wherein the herb or herb extract is an antioxidant selected from the group consisting of garlic and extracts thereof.

134. (new) The medicinal composition of claim 129, wherein the herb or herb extract is an antioxidant selected from the group consisting of green tea and its extracts.

135. (new) The medicinal composition of claim 129, wherein the herb or herb extract is an antioxidant selected from the group consisting of at least one herb selected from the group consisting of herbs from the genus *Astragalus*.

136. (new) The medicinal composition of claim 129, wherein the herb or herb extract is an immune booster selected from the group consisting of at least one herb selected from the group consisting of herbs of the genus *Echinacea*, at least one herb selected from the group consisting of herbs of the genus *Sambucus*, Goldenseal and mixtures thereof.

137. (new) The medicinal composition of claim 136, wherein the herb or herb extract is an immune booster selected from the group consisting of at least one herb selected from the group consisting of herbs of the genus *Echinacea*.

138. (new) The medicinal composition of claim 136, wherein the herb or herb extract is an immune booster selected from the group consisting of at least one herb selected from the group consisting of herbs of the genus *Sambucus*.

139. (new) The medicinal composition of claim 136, wherein the herb or herb extract is Goldenseal.

140. (new) The medicinal composition of claim 126, wherein the medicinal composition comprises 50 to 1000 mg of powdered stinging nettle.

141. (new) The medicinal composition of claim 127, wherein the medicinal composition comprises 50 to 1000 mg of powdered stinging nettle.

142. (new) The medicinal composition of claim 128, wherein the medicinal composition comprises 50 to 1000 mg of powdered stinging nettle.

143. (new) The medicinal composition of claim 129, wherein the medicinal composition comprises 50 to 1000 mg of powdered stinging nettle.